



A 3 month Primer for the most exciting journey of our lives

*May the road rise up to meet you
May the wind always be at your back
May the sun shine warm upon your face,
The rains fall soft upon your fields...*

A hand holding an open vintage-style compass against a blurred background of a body of water and sky. The compass is the central focus, showing its intricate details and the needle pointing towards the top. The background is a soft, out-of-focus landscape with a blue sky and a body of water.

Comfortable in our skin: Online Orientation modules by Leading Thinkers



A peek into the soul

A series of out-the-office days of contemplation and reflection

Accepting things have changed

Practicing Mindfulness

Embracing Ageing

Plotting the future we really want

Learning from the experts

A close-up, low-angle shot of a drone carrying a stack of three pizza boxes. The drone's arms and propellers are visible at the top. The pizza boxes are stacked vertically, with the top box clearly showing the text "Hot & Fresh" and "PIZZA" in red. The background is a clear, bright blue sky. The text "Beginners Mind: Discovering the New World of Work" is overlaid in white, centered on the image.

Beginners Mind: Discovering
the New World of Work

A woman with short white hair and glasses is seated at a table in a restaurant. She is wearing a grey patterned cardigan and has a thoughtful expression. The background is a red brick wall. The text is overlaid on the image in a white, sans-serif font.

A menu of new career and
lifestyle options explained by
Thought Leaders

A group of women, with one woman in the foreground wearing a pink shirt and smiling broadly with her arms raised, suggesting a celebratory or energetic atmosphere. The background shows other women, some also with their arms raised, though they are out of focus.

Taking care of Ourselves:

Feeling good, staying healthy,
being relevant



Peace of mind through crossing
the I's and dotting the T's

Wills, passwords, details

Saying sorry, saying thanks

Who gets the cat?

Leaving a legacy

Being at peace

Gratitude



Financial Fitness, savings and investments



Sharing Wisdom: A Network of equals and Elders



The Platinum Tribe:

Savvy, enthusiastic, tech-friendly and inquisitive: Proud Modern Elders



The incredible power of retreat: Our Game-Changer



Our Bucket List: A Mindfulness and Discovery Trek

